



Feeling Thirsty?

Water is the **most important** nutrient of the 6 essential nutrients



A “normal” horse can consume between **5 and 15 gallons** of water a day

Horses should have “ad libitum” or **constant access to fresh, clean water**

Weather and exercise are two common factors that influence water consumption. Monitor water intake daily.

Horses typically drink best when water temperature is **between 45°F and 65°F**

Horses tend to drink more water in warm, humid weather and less when temperatures dip. Drier forages, such as hay and winter pastures, increase the need for water intake.

Exercise duration, intensity, and physical fitness of the horse can influence their needs for rehydration.

“Normal” water intake ranges between individual horses. A horse can be healthy at several different levels of consumption.