

# Are All Supplements for Horses Safe?

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## Yes

### Water-soluble nutrients



\* i.e. Vitamin C and B's, some minerals, etc.

### Benign ingredients



\* i.e. Glutathione, some enzymes, etc.

### Others - vitamin E,



### Fat soluble vitamins - A, K, D \*



\* With the exception of Vitamin E

### Certain minerals - Se, Mg \*



\* Depends on diet concentrations

### Toxic herbals



\* i.e. St. John's Wort, garlic at high levels, etc.

## Maybe

### Herbals - contain prohibited substances



\* i.e. poppy, ginseng, willow, teas, etc.

### Herbals - drug interactions



\* i.e. echinacea, valerian, ginger, etc.

### Vitamin/Mineral products \*



\* Depends on diet concentrations



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