

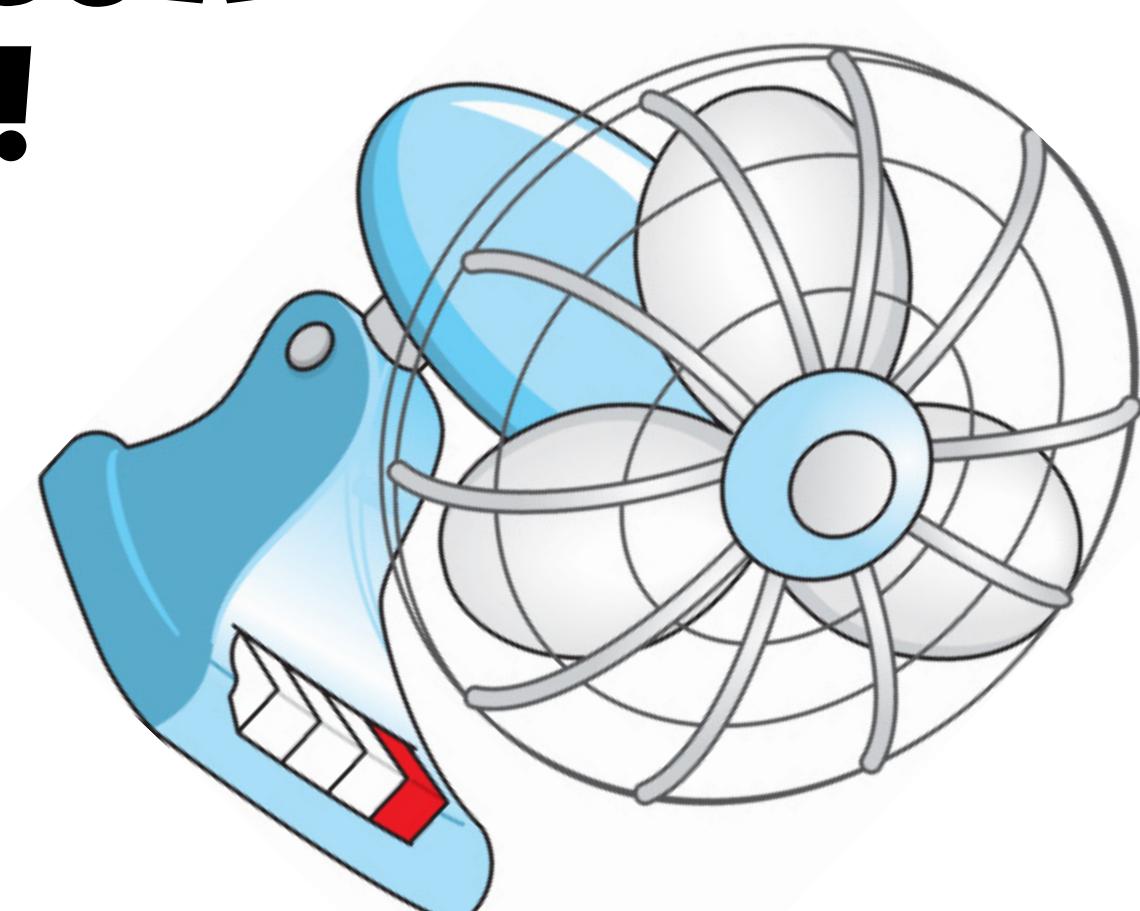
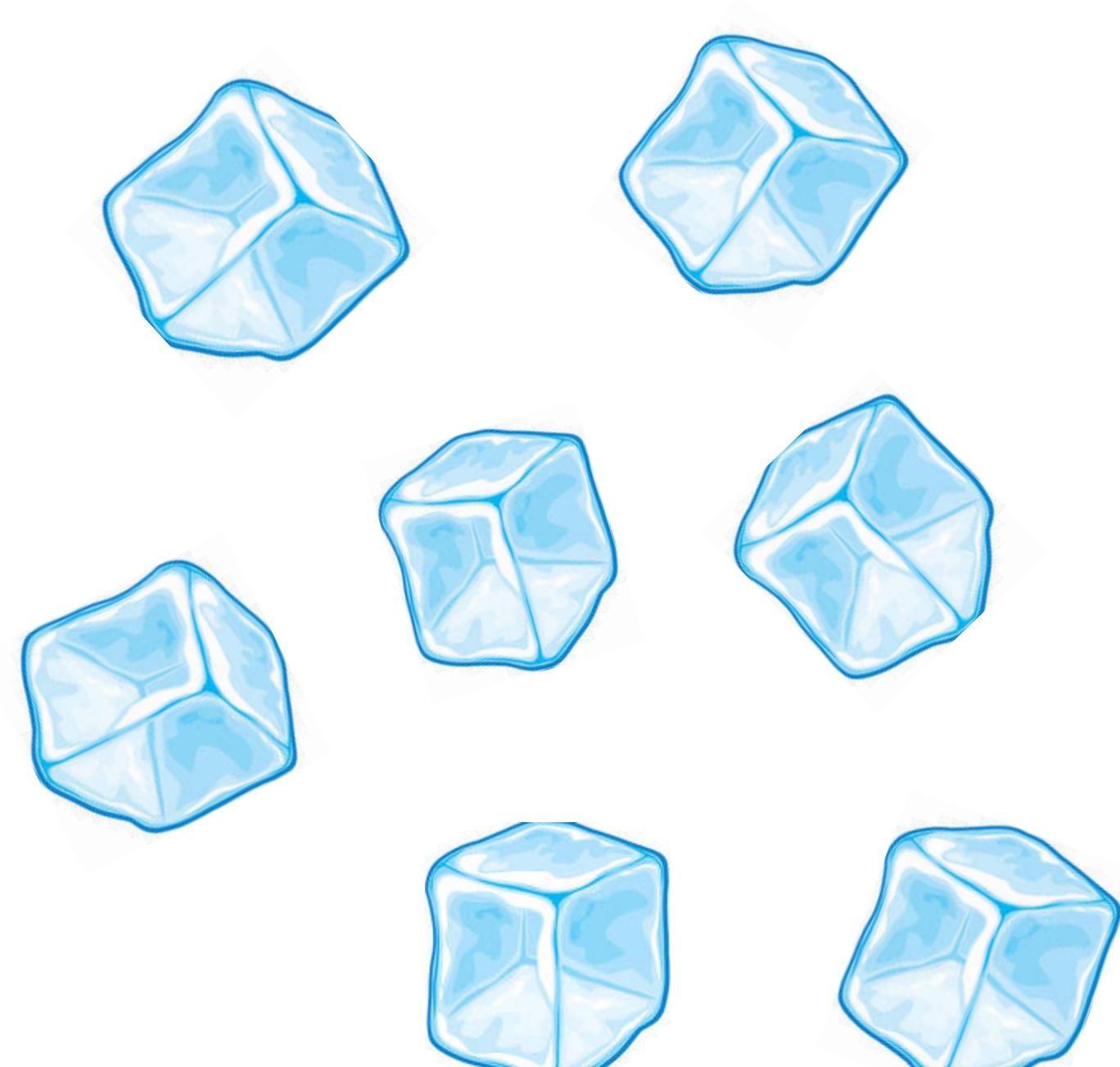
TIPS FOR COOLING OUT A HOT HORSE

**START BY WALKING FOR
THE LAST 10-15 minutes
OF YOUR RIDE!**

WALK, RINSE, WATER, REPEAT!

**IF YOUR WATER IS
NOT COLD ENOUGH,
ADD ICE!**

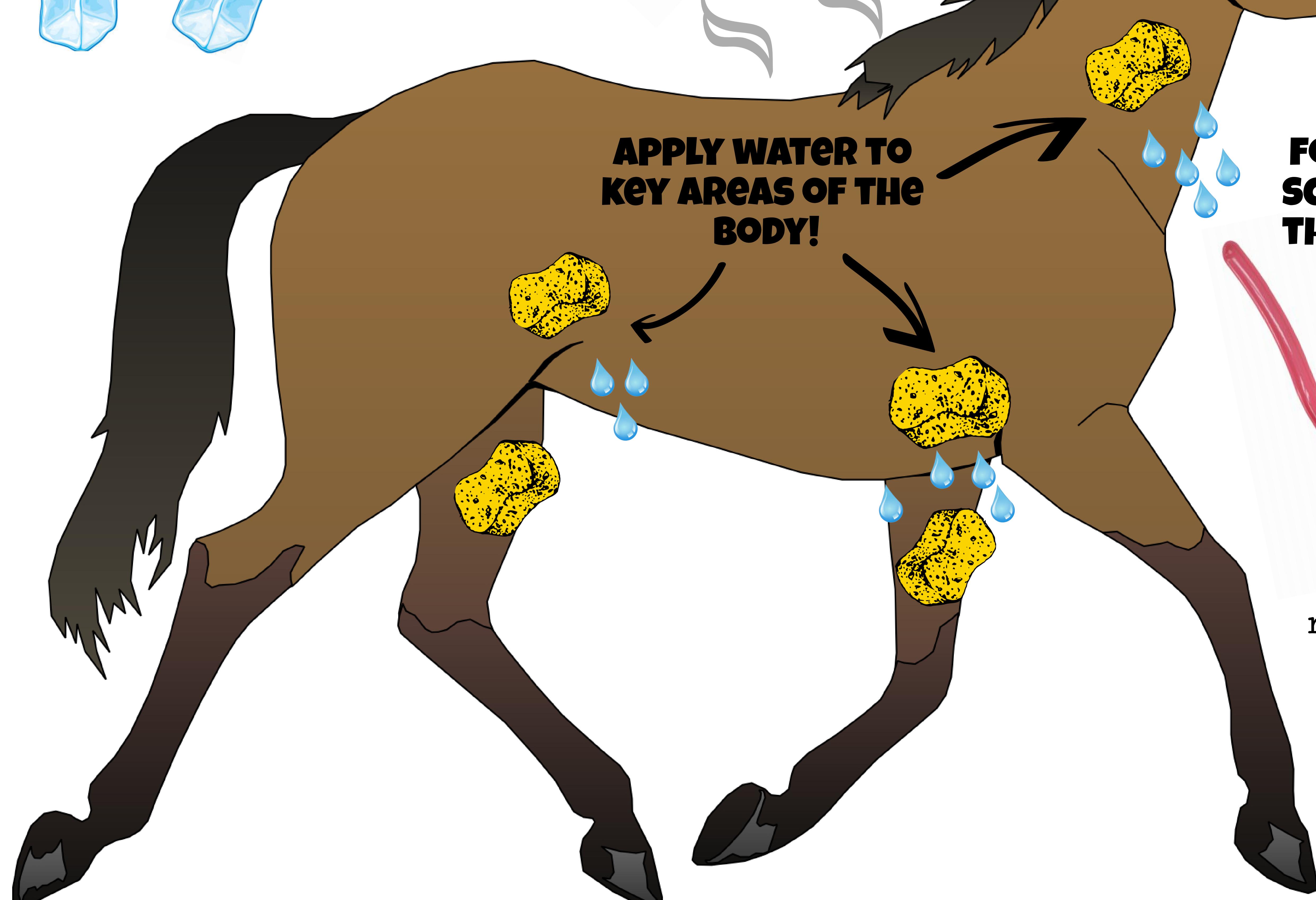
**IF THE AIR IS
STILL, USE A
FAN!**



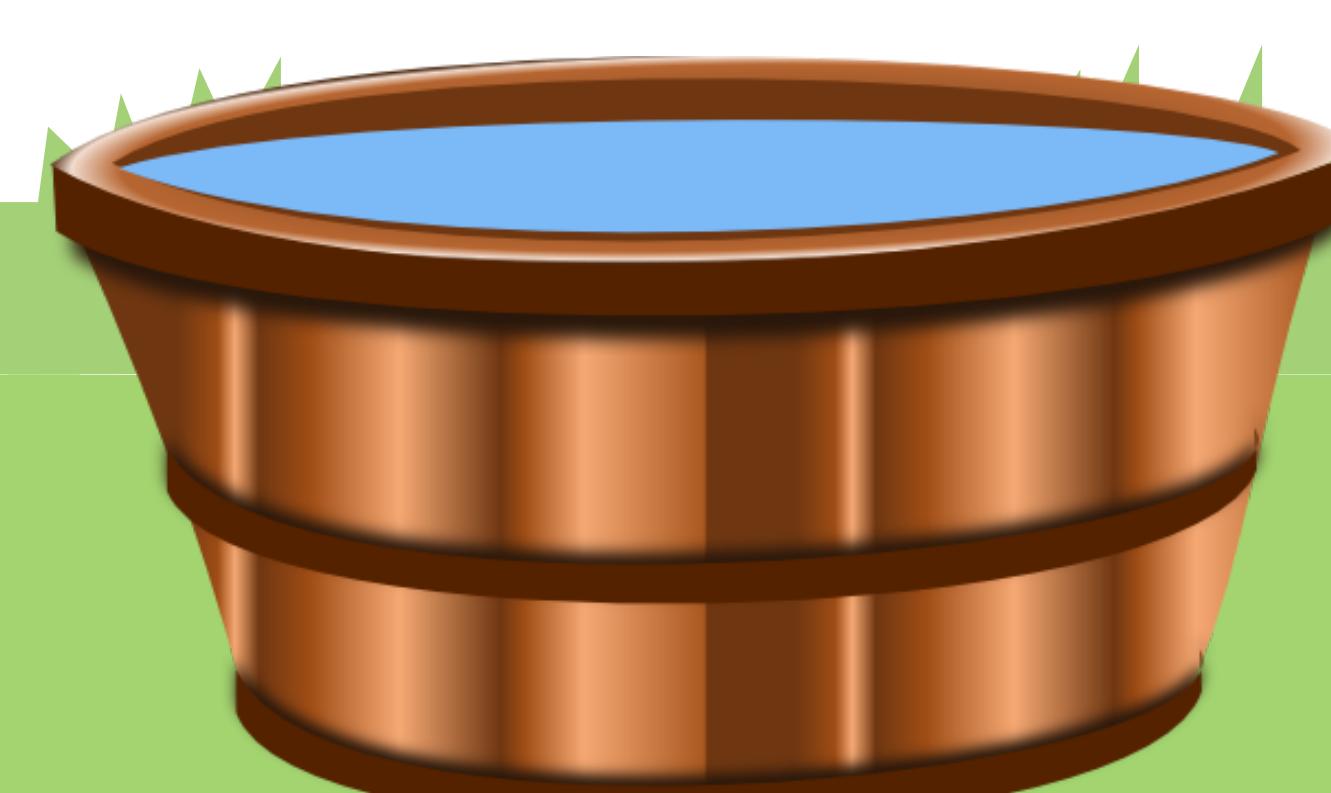
**IF IT IS SUNNY,
KEEP THEM IN THE
SHADE!**

**APPLY WATER TO
KEY AREAS OF THE
BODY!**

**DON'T
FORGET TO
SCRAPE OFF
THE excess
WATER!**

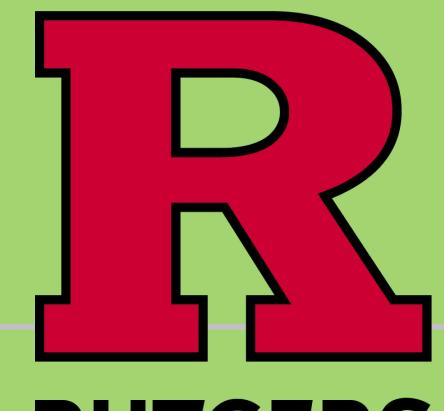


Note: some research has shown that scraping is NOT necessary.



IF YOUR HORSE IS THIRSTY, LET THEM DRINK!

SMALL SIPS OFTEN AS THEY COOL OUT



Authored by:
Dr. Carey A. Williams
Rutgers University



This work is licensed under a Creative Commons Attribution-NonCommercial-NoDerivatives 4.0 International License